

**Bluegrass Community
& Technical College**

Student Development & Counseling

103 Oswald Bldg.
859-246-6530
<http://www.bluegrass.kctcs.edu/LCC/SDC/>

Personal Counseling/ Referrals	Academic Counseling	SDC Course Offerings	Career/Life Planning	Referrals
Personal Concerns, Problem Resolution, Decision Making, Mental Health Issues, Stress Management, Self Esteem, Relationships, Sexual Abuse, Substance Abuse, Weight Management, Anger Control, Eating Disorders, Single Parenting, Grief, Rape	Academic Issues, At-Risk Concerns (i.e. Probation, Suspension, etc...)	<p>*SDC 100 College Survival (College Life, BCTC Services)</p> <p>*SDC 102 Stress Management (Awareness and Coping Skills)</p> <p>*SDC 105 Career Planning (Assessment/Exploration of Careers/ Majors and Decision Making)</p> <p>*SDC 109 Employability Skills (Interviewing, Resumes, Researching jobs and the Job Market)</p>	Career Assessment, Career Exploration, Selection of Major, Shadowing, Goal Setting, Decision, Making, Transfer Connections	BCTC Resources ~ Community Based Agencies

BCTC is an equal opportunity employer and education institution.

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